

November 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
2	<p>3</p> <p>Breakfast: English muffins and applesauce</p> <p>Lunch: Spaghetti chicken bake Green salad/pears</p> <p>Snack: Graham crackers/milk</p>	<p>4</p> <p>Breakfast: Cereal and Banana</p> <p>Lunch: Ham/cheese wraps Mixed vegetables/watermelon</p> <p>Snack: Crackers/Carrots and Celery Apple Juice</p>	<p>5</p> <p>Breakfast: Waffles and Pears</p> <p>Lunch: Smoked sausage, rice and red beans Tropical fruit</p> <p>Snack: Muffins and oranges</p>	<p>6</p> <p>Breakfast: Cereal and oranges</p> <p>Lunch: Chicken Alfredo Green Beans/Peaches</p> <p>Snack: Graham crackers and yogurt</p>	<p>7</p> <p>Breakfast: Egg Mcgriddle and Peaches</p> <p>Lunch: Cheese Pizza Stir Fry Vegetables and oranges</p> <p>Snack: Soft pretzels and applesauce</p>	8
9	<p>10</p> <p>Breakfast: Egg McMuffin and fruit cocktail</p> <p>Lunch: Hamburger Lima Beans/Oranges</p> <p>Snack: Goldfish/grape and peach juice</p>	<p>11</p> <p>Breakfast: Waffles and applesauce</p> <p>Lunch: Chicken stir fry with rice Stir fry vegetables and bananas</p> <p>Snack: Cracker and cheese and oranges</p>	<p>12</p> <p>Breakfast: Cereal and peaches</p> <p>Lunch: Ground Beef and pasta Green beans/pineapples</p> <p>Snack: Honey bun and applesauce</p>	<p>13</p> <p>Breakfast: Sausage gravy and biscuits and oranges</p> <p>Lunch: Chicken noodle soup peaches</p> <p>Snack: Soft pretzels and grape juice</p>	<p>14</p> <p>Breakfast: Cream of wheat peaches</p> <p>Lunch: Turkey and cheese wraps Carrots and celery watermelon</p> <p>Snack: Graham Crackers and banana</p>	15
16	<p>17</p> <p>Breakfast: Cereal and pears</p> <p>Lunch: Sloppy Joe Baby Carrots and Fruit Cocktail</p> <p>Snack: Fig Newton's and milk</p>	<p>18</p> <p>Breakfast: Cream of wheat and banana</p> <p>Lunch: Chicken macaroni and cheese Spinach and oranges</p> <p>Snack: Apple granola bars and milk</p>	<p>19</p> <p>Breakfast: Cereal and Pineapples</p> <p>Lunch: Grilled cheese and tomato soup apples</p> <p>Snack: Graham crackers and strawberry yogurt</p>	<p>20</p> <p>Breakfast: Waffles and oranges</p> <p>Lunch: Turkey with dressing Green beans/rolls/cranberry sauce/cherry pie</p> <p>Snack: Soft pretzels grape juice</p>	<p>21</p> <p>Breakfast: Egg McGriddle and pineapple</p> <p>Lunch: Hamburger Green beans and fruit medley</p> <p>Snack: Crispitos and milk</p>	22
23	<p>24</p> <p>Breakfast: Cereal and peaches</p> <p>Lunch: Hot dogs Corn and apricots</p> <p>Snack: Vanilla Waffers and Banana</p>	<p>25</p> <p>Breakfast: Waffles and bananas</p> <p>Lunch: Sliced beef Mashed potato and gravy Broccoli and fruit salad</p> <p>Snack: Gold fish and apple juice</p>	<p>26</p> <p>Breakfast: Chicken waffle nuggets and apricots</p> <p>Lunch: Spaghetti Green salad and apples</p> <p>Snack: Banana bread and milk</p>	<p>27</p> <p>Thanksgiving</p>	<p>28</p> <p>Breakfast: Fried apples and biscuits</p> <p>Lunch: Chicken nuggets Fries/ carrots and celery/ pineapple</p> <p>Snack: Pretzels and oranges</p>	29
30						